

Speaking the Word Daily

*“And he said unto them, This kind can come forth by nothing, but by prayer and fasting”
(Mark 9:29).*

For the month of October, our focus is fasting. Jesus told us that there are some things that can only be dealt with through prayer and fasting. Fasting is a doorway to breakthrough and enables us to hear more clearly from God. Ask Holy Spirit if and how you are called to fast during this month. Prophet Carla is releasing, Fasting Forward, for the month of October so you will have excellent support and guidance should you choose to fast this month.

We are ALL pre-wired to hear His voice. Each day in the month of October, set aside some time to Prophecy (speak out loud) the daily scripture, make your declaration of hearing and commit to actively listening to the voice of God. Consider keeping a journal of what God says to you and what He does in your life as you praise Him and speak the Word daily.

October 1

And he said unto them, This kind can come forth by nothing, but by prayer and fasting. **Mark 9:29**

October 2

Do not deprive each other except perhaps by mutual consent and for a time, so that you may devote yourselves to prayer. Then come together again so that Satan will not tempt you because of your lack of self-control. **1 Corinthians 7:5**

October 3

They mourned and wept and fasted till evening for Saul and his son Jonathan, and for the army of the LORD and for the nation of Israel, because they had fallen by the sword. **2 Samuel 1:12**

October 4

While they were worshiping the Lord and fasting, the Holy Spirit said, “Set apart for me Barnabas and Saul for the work to which I have called them.” **Acts 13:2**

October 5

Go, gather together all the Jews who are in Susa, and fast for me. Do not eat or drink for three days, night or day. I and my attendants will fast as you do. When this is done, I will go to the king, even though it is against the law. And if I perish, I perish. **Esther 4:16**

October 6

Even now,” declares the LORD, “return to me with all your heart, with fasting and weeping and mourning.” **Joel 2:12**

October 7

I fast twice a week and give a tenth of all I get.' **Luke 18:12**

October 8

Moses was there with the LORD forty days and forty nights without eating bread or drinking water. And he wrote on the tablets the words of the covenant—the Ten Commandments.

Exodus 34:28

October 9

and then was a widow until she was eighty-four. She never left the temple but worshiped night and day, fasting and praying. **Luke 2:37**

October 10

I ate no choice food; no meat or wine touched my lips; and I used no lotions at all until the three weeks were over. **Daniel 10:3**

October 11

So after they had fasted and prayed, they placed their hands on them and sent them off. **Acts 13:3**

October 12

David pleaded with God for the child. He fasted and spent the nights lying in sackcloth on the ground. **2 Samuel 2:16**

October 13

(There was never anyone like Ahab, who sold himself to do evil in the eyes of the LORD, urged on by Jezebel his wife.

26 He behaved in the vilest manner by going after idols, like the Amorites the LORD drove out before Israel.)

27 When Ahab heard these words, he tore his clothes, put on sackcloth and fasted. He lay in sackcloth and went around meekly. **1 Kings 21:25-27**

October 14

When I heard these things, I sat down and wept. For some days I mourned and fasted and prayed before the God of heaven. **Nemiah 1:4**

October 15

So I turned to the Lord God and pleaded with him in prayer and petition, in fasting, and in sackcloth and ashes. **Daniel 9:3**

October 16

where for forty days he was tempted by the devil. He ate nothing during those days, and at the end of them he was hungry.

3 The devil said to him, "If you are the Son of God, tell this stone to become bread."

4 Jesus answered, "It is written: 'Man shall not live on bread alone.'" **Luke 4:2-4**

October 17

"When you fast, do not look somber as the hypocrites do, for they disfigure their faces to show others they are fasting. Truly I tell you, they have received their reward in full. **Mark 6:16**

October 18

But when you fast, put oil on your head and wash your face, **Mark 6:17**

October 19

so that it will not be obvious to others that you are fasting, but only to your Father, who is unseen; and your Father, who sees what is done in secret, will reward you. **Mark 6:18**

October 20

So we fasted and petitioned our God about this, and he answered our prayer. **Ezra 8:23**

October 21

Then all the people of Israel, the whole army, went up and came to Bethel and wept. They sat there before the LORD and fasted that day until evening, and offered burnt offerings and peace offerings before the LORD. **Judges 20:26**

October 22

This is the proclamation he issued in Nineveh: "By the decree of the king and his nobles: Do not let people or animals, herds or flocks, taste anything; do not let them eat or drink.

8 But let people and animals be covered with sackcloth. Let everyone call urgently on God. Let them give up their evil ways and their violence.

9 Who knows? God may yet relent and with compassion turn from his fierce anger so that we will not perish." **Jonah 3:7-9**

October 23

"Shout it aloud, do not hold back. Raise your voice like a trumpet. Declare to my people their rebellion and to the descendants of Jacob their sins. ²For day after day they seek me out; they seem eager to know my ways, as if they were a nation that does what is right and has not forsaken the commands of its God. They ask me for just decisions and seem eager for God to come near them. ³'Why have we fasted,' they say, 'and you have not seen it? Why have we humbled ourselves, and you have not noticed?' **Isiah 58:1-3**

October 24

Your fasting ends in quarreling and strife, and in striking each other with wicked fists. You cannot fast as you do today and expect your voice to be heard on high. **Isaiah 58:4**

October 25

Is this the kind of fast I have chosen, only a day for people to humble themselves? Is it only for bowing one's head like a reed and for lying in sackcloth and ashes? Is that what you call a fast, a day acceptable to the LORD? **Isaiah 58:5**

October 26

“Is not this the kind of fasting I have chosen: to loose the chains of injustice and untie the cords of the yoke, to set the oppressed free and break every yoke? 7 Is it not to share your food with the hungry and to provide the poor wanderer with shelter— when you see the naked, to clothe them, and not to turn away from your own flesh and blood? **Isiah 58:6-7**

October 27

When I wept and humbled my soul with fasting, it became my reproach. **Psalms 69:10**

October 28

And when they had appointed elders for them in every church, with prayer and fasting they committed them to the Lord in whom they had believed. **Acts 14:23**

October 29

That your fasting may not be seen by others but by your Father who is in secret. And your Father who sees in secret will reward you. **Matthew 6:18**

October 30

But I, when they were sick— I wore sackcloth; I afflicted myself with fasting; I prayed with head bowed on my chest. **Psalms 35:13**

October 31

Then the disciples of John came to him, saying, “Why do we and the Pharisees fast, but your disciples do not fast?” And Jesus said to them, “Can the wedding guests mourn as long as the bridegroom is with them? The days will come when the bridegroom is taken away from them, and then they will fast. **Matthew 9:14-15**